

# Working at Heights Regulations

**A one-day course on how to comply with this important new legislation**

## What you will learn

This practical course will explain:

- Why falls from height cause more deaths than any other workplace activity
- The requirements of existing legislation and the changes and impact of the new regs
- Safe working procedures for the various types of access equipment
- The required risk assessment based approach and planning for all work at height
- Limitations on use of ladders and steps
- Criteria for selection of access equipment
- Requirements regarding training and competence of personnel using access equipment
- Duties placed upon designers and planners to ensure safe working at height

## The course

- Relevant legislation WAHR Regs 2004, HASAWA, MHSWR, PUWER, CHSWR, WHSWR, CDM
- Ladders and steps
- Mobile access towers
- Mobile elevated work platforms
- Scaffolding
- Roofwork
- Fall arrest equipment
- Risk assessment approach to selection of safe working practices, including hierarchy of controls
- Planned systems of work and competence of users



*Last year 46 people died and almost 4000 suffered a serious injury as a result of a fall from height in the workplace*

## Who should attend?

- Anyone involved in the use, planning and authorisation of requirements for working at heights
- Managers, supervisors, planners, safety advisors, safety representatives and all users of equipment

## Next steps...

- Accident Investigation
- Risk Assessment in the Workplace
- CDM Regulations

Call our training advisors on 01565 724 200 for details

**Order hotline: 01565 724 200**