

A one-day course on the assessment of and reduction of risk from manual handling operations

What you will learn

The course will enable participants to:

- Outline the main requirements of the Manual Handling Operations Regulations 1992
- Develop systems and procedures for carrying out and recording manual handling risk assessment
- Make recommendations on how to eliminate and control manual handling risks

The course

- The regulations and the problems they are expected to solve
- Carrying out a manual handling assessment
- Access and lighting
- Movement and storage
- Manual handling techniques
- Storage racking
- Pallet trucks, fork lifts
- Conveyors
- Truck loading
- Cranes and hoists
- Simple slinging operations



“Everyone enjoyed your presentation and is eager to get started. Thanks to you, I feel confident in our capabilities.”
June Darroux,
Customer Services, Pentel Stationery

Who should attend?

- Anyone responsible for health and safety. The regulations apply to all organisations
- Managers, supervisors and staff, from all functions, who will be involved in the assessment and removal or reduction of risk from manual handling operations
- Directors, managers and officers of the company who need to understand their responsibilities

Next steps...

- COSHH
- Risk Assessment in the Workplace
- Accident Investigation

Call our training advisors on
01565 724 200 for details